

## **Program Evaluation Report**

# Clinical Mental Health Counseling Program

2024-2025

### **Assessment Data Points**

Program Learning Outcomes (PLOs) are aligned with Key Performance Indicators (KPIs) for assessment and can be seen in the table below. An assessment plan was developed to assess each KPI 3 times throughout the program to assess for development and mastery of KPIs and aligned PLOs. The threshold expected is an achievement of 83% or higher.

Program Outcomes	Key Performance Indicators				
Program Objective Alignment		·			
for AQI	Core Area	Indicator	Assessment #1-I	Assessment #2-R	Assessment #3-M
2. Understand and apply		A.10. ethical and legal standards of professional			
** *	1. Professional Counseling	counseling organizations and credentialing bodies,			
pertaining to clients at	Orientation and Ethical	and applications of ethical and legal considerations in			
individual, group, and societal		professional counseling across service delivery			
levels.	- ruenec	modalities and specialized practice areas	612-Ethics Application Paper	694-Case Presentation	698-Supervisor Evaluation
ieveis.		iniodanties and specialized practice areas	612-Ethics Application Paper	094-Case Presentation	698-Supervisor Evaluation
Demonstrate competency					
, , ,	2. Social and Cultural	B.2. the influence of heritage, cultural identities,			
and awareness of one's own	Diversity	attitudes, values, beliefs, understandings, within-			
biases in addressing		group differences, and acculturative experiences on			
multicultural needs of clients.		individuals' worldviews	635-Paper	637-Intersectionality Paper	698-Supervisor Evaluation
Understand foundational	3. Human Growth and	C.11. systemic, cultural, and environmental factors			
aspects of professional	Development	that affect lifespan development, functioning,			
counseling.	Development	behavior, resilience, and overall wellness	527-Exam-Case/Essay	696-Case Presentation	698-Supervisor Evaluation
5. Demonstrate the capacity					
to apply and evaluate					
empirically supported					
strategies for specific types of	4. Career Development	D.2. approaches for conceptualizing the			
therapeutic interventions		interrelationships among and between work,			
targeted to work with		socioeconomic standing, wellness, disability, trauma,	649-Person Centered Case		
individuals and groups.		relationships, and other life roles and factors	Conceptualization	637-Intersectionality Paper	698-Supervisor Evaluation
		relationships, and other life roles and factors	Conceptualization	637-Intersectionality Paper	698-Supervisor Evaluation
6. Apply counseling theories	5. Counseling and Helping				
to the practice of mental	Relationships	E.10. counseling strategies and techniques used to			
health counseling.		facilitate the client change process	647-Transcript #2	643-Research Presentation	698-Supervisor Evaluation
Understand foundational					
	6. Group Counseling and	F.2. dynamics associated with group process and	643-Group Experience Discussion		
counseling.	Group Work	development	Paper	535-Final Exam	698-Supervisor Evaluation
4. Demonstrate competency					
in analysis of clients,					
including diagnosis, case	7. Assessment and Testing				
conceptualization, and		G.11. diagnostic processes, including differential			
developmental considerations		diagnosis and the use of current diagnostic			
across the lifespan.		classification systems	625-Case Studies	626-Case Studies	698-Supervisor Evaluation
,		H.2. identification and evaluation of the evidence			
	8. Research and Program	base for counseling theories, interventions, and	626-Diagnostic Process		
8. Demonstrate ability to critic	Evaluation	practices	Presentation	605-Article Critiques	698-Supervisor Evaluation
	Entry-Level Specialized				
	Practice Area				
7. Demonstrate understanding					
of foundational components					
		C.4. intake interview, mental status evaluation,			
and application of individual		biopsychosocial history, mental health history, and			
	9. Clinical Mental Health	psychological assessment for treatment planning and			
assessment and evaluation.	Counseling	caseload management	635-Applied Case Study	615-Initial Client Interview	698-Supervisor Evaluation

Professional disposition data are collected for each student in each class during the academic year. Students are required to achieve "Proficient" or "Advanced" in each area. Those students receiving "Requires Improvement" develop a remediation plan with the program director to address.

1. Professional Values and Attitudes: as evidenced in behavior and demeanor that reflect the values and attitudes of counseling.					
Advanced	Proficient	Requires Improvement			
a. Professionalism					
Student conducts self in a professional manner	Student behaves in a professional manner towards	Student is inconsistently respectful, thoughtful, and			
across settings and situations, including the	instructor and peers, including classroom behaviors.	appropriate with instructor and/or peers.			
classroom. Respectful, thoughtful, and appropriate					
within all professional interactions.					
b. Accountability					
Student independently accepts personal	Student is able to accept personal responsibility for	Student is inconsistent or lacks acceptance of			
responsibility across settings and contexts	actions when addressed by others	personal responsibility for actions			
c. Educational Participation					
Student arrives to all class sessions on time; attends	Student arrives on time, attends all class meetings	Student arrives late for class or leaves early, does			
all class meetings for their entirety	for their entirety, or communicates necessity of late	not have professional communication about			
	arrival or early departure professionally; Student	attendance concerns, and/or misses more than one			
	misses a maximum of one class period	class period			

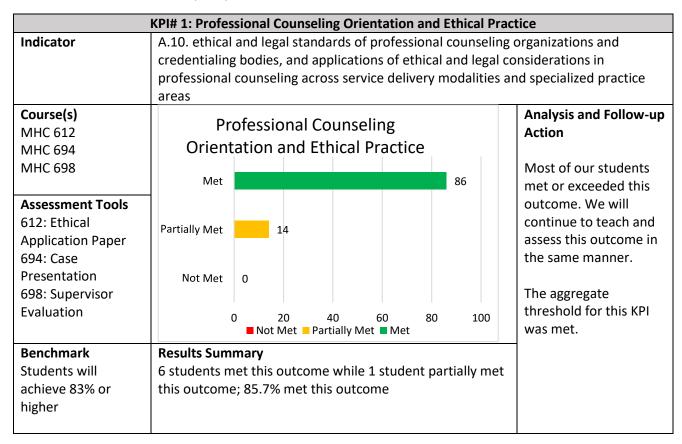
competencies; with appropriate self-care.							
Advanced	Proficient	Requires Improvement					
a. Reflective Practice							
Student displays broad self-awareness; utilizes self-	Student displays basic self-awareness; engages in	Student demonstrates limited awareness and/or					
monitoring; engages in reflection regarding	reflection regarding professional practice;	appreciation of how his/her beliefs may impact					
professional practice; uses resources to enhance	demonstrates awareness of how his/her beliefs	the counseling relationship					
reflectivity; shows in-depth understanding of how	may impact the counseling situation						
his/her beliefs may impact the counseling situation							
b. Self-Assessment							
Student accurately self-assesses competence in all	Student demonstrates broad, accurate self-	Student does not demonstrate accurate self-					
competency domains; integrates self-assessment in	assessment of competence; consistently monitors	assessment of competence and/or does not					
practice; recognizes limits of knowledge/skills and acts	and evaluates practice activities; works to	implement changes to address areas of concern					
to address them; has extended plan to enhance	recognize limits of knowledge/skills, and to seek						
knowledge/skills	means to enhance knowledge/skills						
c. Self-Care (attention to personal health and well-	being to assure effective professional functioning)						
Student self-monitors issues related to self-care and	Student monitors issues related to self-care with	Student does not understand the importance of					
promptly intervenes when disruptions occur	supervisor; understands the central role of self-care	self-care in effective practice and/or does not					
	to effective practice	attend to self-care					
3. Relationships: Relate effectively and meaningfully	with individuals, groups, and/or communities.						
a. Interpersonal Relationships							
Student forms and maintains productive and respectful	Student displays appropriate interpersonal skills	Student does not display appropriate					
relationships with clients, peers/colleagues,	with clients, peers/colleagues, supervisors and	interpersonal skills with clients,					
supervisors and professionals from other disciplines	professionals	peers/colleagues, supervisors and professionals					
b. Affective Skills							
Student possesses advanced interpersonal skills; exhibits	Student exhibits respectful and emotionally appropriate	Student does not exhibit emotionally appropriate					
advanced respectful and emotionally appropriate	communication with all parties; negotiates differences	communication; lacks ability to handle conflict					
communication with peers, instructors, supervisors, and	and handles conflict satisfactorily and in cases of	satisfactorily and in cases of conflict, demonstrates					
clients; manages difficult communication appropriately and	conflict, exhibits ability to express disagreement or	inability to express disagreement or displeasure with					
in cases of conflict, exhibits ability to express disagreement	displeasure with self-control and respect for all parties	self-control and respect for all parties involved; is					
or displeasure with self-control and respect for all parties	involved; provides effective feedback to others and	unable to provide effective feedback to others;					
involved	receives feedback nondefensively	and/or receives feedback in defensively					
c. Expressive Skills							
Student demonstrates advanced verbal, nonverbal, and	Student communicates clearly using verbal,	Student does not communicate clearly in either					
written communications, which are informative,	nonverbal, and written skills in a professional	verbal, nonverbal, or written skills and/or lacks					
articulate, succinct, sophisticated, and well-integrated;	context; demonstrates clear understanding and use	awareness of their nonverbal presentation; lack					
demonstrate thorough grasp of professional language	of professional language	clear understanding of professional language					
and concepts							

Advanced	Proficient	Requires Improvement	Not Obs.
a. Awareness of Distress			
Student demonstrates self-awareness of negative emotion and emotional exhaustion; recognizes potential for distress to adversely influence clinical and academic work; independently takes appropriate steps to address	Student demonstrates self-awareness of negative emotion and emotional exhaustion and/or is receptive to feedback regarding these; recognizes potential for adverse consequences clinically or academically; seeks support appropriately and attempts to address	Student lacks awareness of negative and/or emotional exhaustion; lacks understanding of adverse consequences; and/or does not take appropriate steps to address	
b. Self-Regulation			
Student utilizes appropriate strategies for emotional regulation in professional and personal contexts	Student exhibits knowledge of strategies for emotional regulation in professional and personal contexts	Student lacks understanding or application of appropriate strategies for emotional regulation in professional and personal contexts	

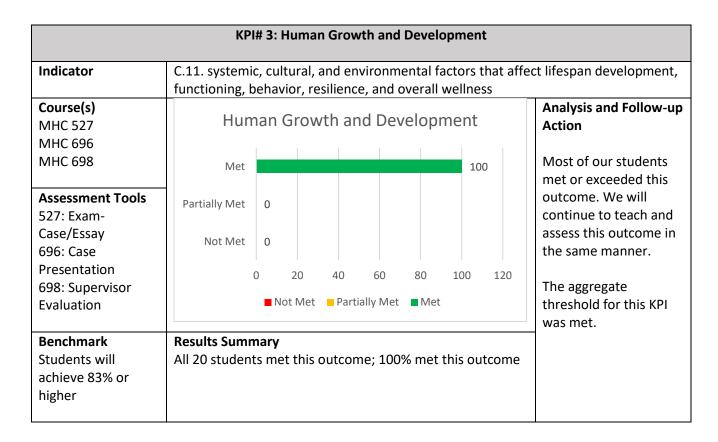
# I. Aggregate Assessment of Academic Quality Indicators

## a. Academic Program Results

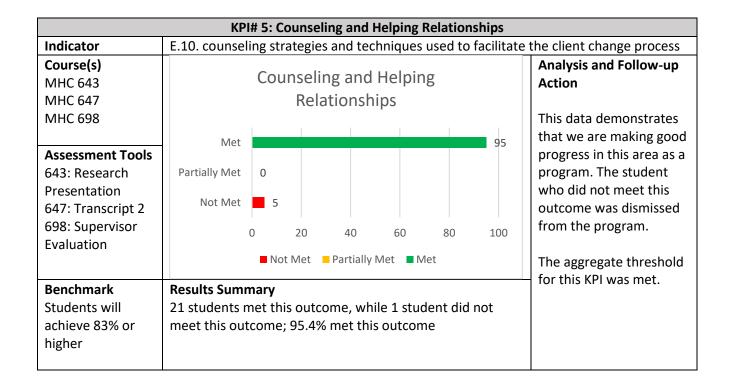
The academic assessment report provides data for the 2024-2025 assessment cycle for each of the KPIs aligned with PLOs. Please see below for the outcomes that were assessed during the academic year and associated data for academic quality indicators.

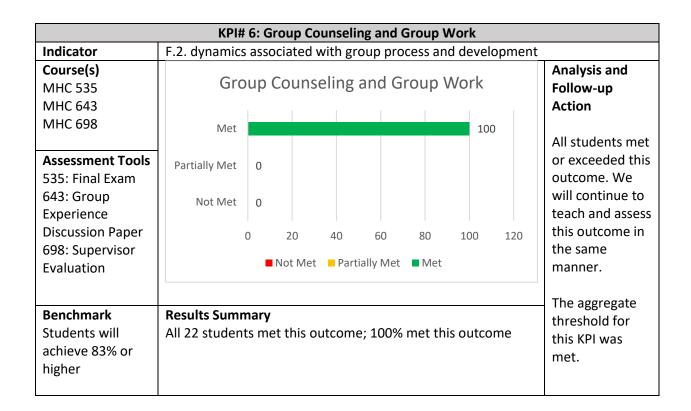


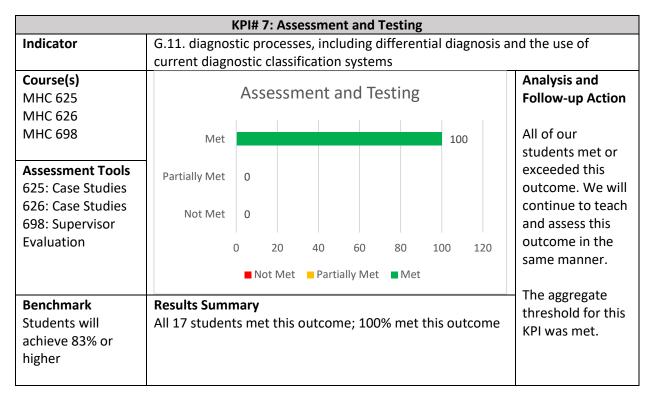
KPI# 2: Social and Cultural Diversity					
Indicator	B.2. the influence of heritage, cultural identities, attitudes, values, beliefs, understandings, within-group differences, and acculturative experiences on individuals' worldviews				
Course(s) MHC 635 MHC 698	Social and Cultural Diversity  Analysis and Follow-up Action				
Assessment Tools 635: Paper 698: Supervisor Evaluation	Partially Met	Most of our students met or exceeded this outcome. We have revisited our assessment tools and have updated 635 to applied case studies to more accurately assess.			
Benchmark Students will achieve 83% or higher	Results Summary 11 students met this outcome while 1 student partially met this outcome; 91.6% met this KPI	The aggregate threshold for this KPI was met.			



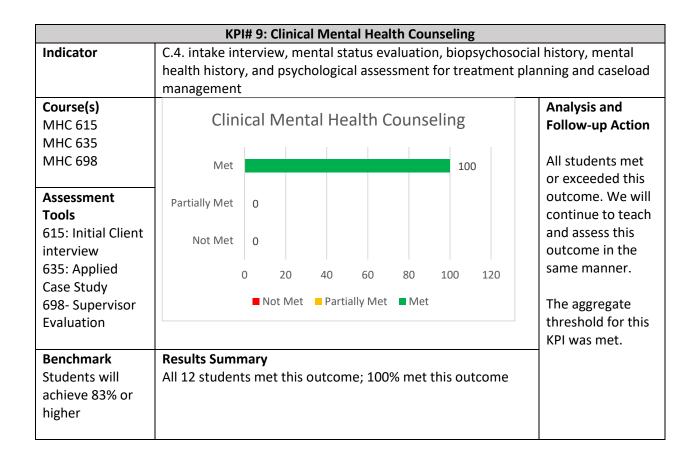
	KPI# 4: Career Development				
Indicator	D.2. approaches for conceptualizing the interrelationships among and between work, socioeconomic standing, wellness, disability, trauma, relationships, and other life roles and factors				
Course(s) MHC 649 MHC 698	Career Development	Analysis and Follow- up Action			
Assessment Tools 649: Person Centered Case Conceptualization 698: Supervisor Evaluation	Met Partially Met  12  Not Met  0  20  40  60  80  100  ■ Not Met ■ Partially Met ■ Met	Most of our students met or exceeded this outcome. We have revised the course and assessment where this is more appropriately assessed. MHC 649 will change to MHC			
Benchmark Students will achieve 83% or higher	Results Summary 7 students met this outcome, while 1 student partially met this outcome; 87.5% met this outcome	The aggregate threshold for this KPI was met.			







	KPI# 8: Research and Program Evaluation					
Indicator	H.2. identification and evaluation of the evidence base for counseling theories, interventions, and practices.					
Course(s) MHC 605 MHC 626 MHC 698	Research and Program Evaluation  Met 82	Analysis and Follow- up Action  Continued work in				
Assessment Tools 605: Article Critiques 626: Diagnostic Process Presentation 698: Supervisor Evaluation	Partially Met 12  Not Met 6  0 20 40 60 80 100  Not Met Partially Met Met	that we are making good progress in this area as a program. The assignment for 605 will be more appropriately aligned with this outcome in				
Benchmark Students will achieve 83% or higher	Results Summary  14 students met this outcome, while 2 students partially met this outcome and 1 student did not meet this outcome; 82.3% met this outcome; 11.7% partially met; and 5.8% did not meet.					
		This aggregate KPI was not met and will be addressed in the manner identified above.				



# b. Professional Disposition Results

Summer 2024				
	Advanced	Proficient	Requires Improvement	%
Professional Values and Attitudes				
Professionalism	5	13	0	100
Accountability		18	0	100
Educational Participation	13	5	0	100
Reflective Practice/Self-Assessment/Self-Care				
Reflective Practice	4	14	0	100
Self-Assessment		18	0	100
Self-Care		18	0	100
Relationships				
Interpersonal Relationships	1	17	0	100
Affective Skills		18	0	100
Expressive Skills	2	16	0	100
Emotional Stability and Self-Control				
Awareness of Distress		18	0	100
Self-Regulation		18	0	100
Total	25	173	0	100

Fall 2024				
	Advanced	Proficient	Requires Improvement	%
Professional Values and Attitudes				
Professionalism	6	42	1	98
Accountability	3	35	1	97
Educational Participation	36	10	1	98
Reflective Practice/Self-Assessment/Self-Care				
Reflective Practice	11	36	1	98
Self-Assessment	6	47	0	100
Self-Care	1	48	0	100
Relationships				
Interpersonal Relationships	11	37	0	100
Affective Skills	3	23	1	96
Expressive Skills	4	44	1	98
Emotional Stability and Self-Control				
Awareness of Distress		38	1	97
Self-Regulation	1	38	1	98
Total	82	398	8	98

Spring 2025				
	Advanced	Proficient	Requires Improvement	%
Professional Values and Attitudes				
Professionalism	15	49	0	100
Accountability	9	49	0	100
Educational Participation	36	32	0	100
Reflective Practice/Self-Assessment/Self-Car	re			
Reflective Practice	21	37	0	100
Self-Assessment	9	45	0	100
Self-Care	8	50	0	100
Relationships				
Interpersonal Relationships	16	43	0	100
Affective Skills	12	45	0	100
Expressive Skills	14	44	0	100
Emotional Stability and Self-Control				
Awareness of Distress	4	52	0	100
Self-Regulation	4	54	0	100
Total	148	500	0	100

## c. Graduate Outcomes

- i. Number of Graduates: 4
- ii. Pass Rate on NCMHCE: 100% (4/4). We did not meet the expectation of 90% pass rate for this exam on the first attempt, which was 75%. Given the small cohort, this expectation could not be met with even one student not passing the first time. We did meet the expectation of 100% pass rate by the 2<sup>nd</sup> attempt.
- iii. Degree completion Rates: 50% (4/8). One student completed a General Psychology masters through Loras, one moved out of state, one opted to leave the program due to life circumstances, and one was removed due to

- gatekeeping and following the ACA ethics code. The goal of degree completion is 85%, allowing for students to determine if the field is the correct fit as well as gatekeeping needs. While we did not meet our outlined goal, the graduation rate was appropriate for the career needs of this group.
- iv. Job Placement Rates: 100%. All students graduated in May and all are currently employed in the Counseling profession. Three are employed in lowa and the remaining graduate is employed in Colorado.

### d. Fieldwork Placement

- i. Practicum Placement: 100% (4/4). The expected placement is 100% and this expectation was met. One student had a placement moved to be in alignment with our expectations and contract for a site. As such, placement and requirements were met for the entire placement.
- ii. Internship I Placement: 100% (4/4). The expected placement is 100% and this expectation was met.
- iii. Internship II Placement: 100% (4/4). The expected placement is 100% and this expectation was met.

## e. Diverse Learning Community

### i. Students

	Applicants	Enrolled Students	Degree Completion Rates
Sex			
Male	4	4	1*
Female	5	4	3
Race			
White	9	8	4
Non-White	1	1	0
Student Status			
Traditional	6	5	3
Non-Traditional	3	3	1

<sup>\*</sup>one male completed General Psychology degree

## ii. Faculty

	Open Positions	Employed Faculty	Retention Rates
Sex			
Male	-	0	
Female	-	3	3
Race			
White	-	3	3
Non-White	-	0	
Specialty Area			
Clinical Mental	-	2	2
Health Counseling			
Rehabilitation	-	1	1
Counseling			
School Counseling	-	1	1

<sup>\*1</sup> faculty has a dual specialty

### II. Subsequent Curriculum Modifications and Program Improvement

Curriculum modifications and other changes were determined during program meetings and the assessment meeting to address program improvement. They are outlined below.

- a. Fall 2024 Counseling Assessment Meeting
  - i. Updates: New assessment plan implemented from May 2024 meeting
  - ii. Item identified: Updates to 2024 standards and AQI requirements from 2016 standards.
  - iii. Changes made: All KPIs were updated and aligned with PLOs. All KPIs were planned for assessment three times during the duration of the program, with most occurring one time per year in a student's learning program. With KPIs aligned with PLOs, this reduced the redundancy in assessment data.
- b. September 2024 Counseling Faculty Meeting
  - i. Item identified: Continued updates of assignment rubrics for clarity in outcome of outcome
  - ii. Changes made: Reminders occurred to all instructors to only include aspects relevant to the outcome (i.e. not grammar, formatting, and tardiness) to assessment data to accurately assess both program outcomes and KPIs.
     Reminders were provided in the spring when assessment data was submitted.
- c. KPIs
  - i. Item identified: Students understanding the reasoning and expectations they need to meet for KPIs
  - ii. Changes made: Faculty explained to all students that they are required to meet the 83% benchmark for KPIs. The handbook was revised and students were all advised that not meeting the benchmark would require a remediation plan to be developed in order to be successful in this key area as a future counselor.
- d. In May 2025 the program assessment meeting was held. The following changes will be made in response to the data provided above:
  - i. KPI assignment updates:
    - 1. KPI 2 MHC 635 will update to applied case studies
    - 2. KPI 4 changed from MHC 649 to MHC 655 Book Report and Presentation
    - 3. KPI 6, updated assessments updated
      - a. MHC 643 now final exam
      - b. MHC 535 now group experience discussion paper
    - 4. KPI 8, Article Critique will remain assignment, however, focus of content will change to align with KPI
  - ii. Program Director will meet with individual faculty to discuss areas of concern for KPIs, alignment with KPI, and restructuring of above assignments
  - iii. All rubrics for KPI will add column for KPI score with only relevant aspects included for ease of assessment and student comprehension

### III. Other Significant Program Changes

- a. Weekly Meetings
  - i. Fall 2024 to update to all CACREP requirements to the 2024 standards from to 2016 standards.

#### b. Fall meeting

 Discussion of which demographic variables are of the most importance to collect data on for students and faculty, while still not making it clearly identifiable to providing sensitive information that students may have shared privately, such as LGBTQ+ identity.

### c. Advisory Council

- i. In the Fall, feedback was solicited regarding Standard 1.I. This standard states "The counselor education program intentionally creates and effectively maintains an inclusive and equitable learning community that respects individual differences."
  - Feedback provided: Consideration of student mentoring, accessibility for classrooms, increasing diversity, financial accessibility, interprofessional education, and avenues to celebrate diversity
  - Changes implemented: Each of these aspects was responded to specific
    to the member who provided the feedback. We added further
    explanation where each of these occurs and added in additional steps,
    with all incorporated into our written plan.
- ii. In the Spring, feedback was solicited regarding our timeline and planning for practicum and internship placements.
  - Feedback provided: Process looks appropriate for placement, clarification of who is involved in each role in the timeline, clear deadline for liability insurance, more structured than other programs who place students and it is appreciated, provide information about practicum and internship process to first year students
  - 2. Changes implemented: Added clarity of timelines to document, added first year discussion about placements to MHC 501 course
- d. The Practicum and Internship Coordinator role has transitioned to a core faculty who has more knowledge about the students who are being placed. This faculty attended site visits and shadowed the role throughout the 2024-2025 academic year.